

 **NAMI Walks** supports **NAMI**

And NAMI supports the

1 in 5 who experience mental illness

And the **5 in 5** who are affected by it.

YOU ARE NOT ALONE.

From every corner of the country

For every age and every background,

We walk, on the streets or in our hearts.

In a time of challenge and change,

We are united even when we appear alone.

Mental health is not for some.

MENTAL HEALTH IS FOR *all.*