

Great Minds...



2022 Annual Report



nami

National Alliance on Mental Illness

Lexington

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Message from our President



Dr. Cindy Faulkner, President
NAMI Lex Board of Directors

"Great minds" is a fantastic description of the folks who volunteer and participate in all that NAMI Lexington has to offer. Not to be left out are the terrific staff! These past few years have brought challenges that have been turned into opportunities. We have weathered COVID, sheltering in our homes, and flooding in Eastern Kentucky. Yet, we are reaching out to, and meeting the needs of, more individuals than ever before! Our partnership with New Vista is on strong footing and we have a seat at the table with city leaders to address the needs of individuals in Lexington. We have our strongest budget ever, with the largest number of deliverables in our history. None of this – surviving, recovering, or pressing forward to the future would be possible without the efforts of all the Great Minds that make our NAMI LEXINGTON!

This quote from Washington Irving sums up NAMI Lexington more eloquently than I ever could.

"Great minds have purpose, others have wishes. Little minds are tamed and subdued by misfortunes; but great minds rise above them."

Washington Irving

Kelly's Thoughts...

Wow!

It has been a minute since we have been able to gather and celebrate our amazing organization and the Great Minds that collaboratively and tirelessly work to create meaningful change. We have traversed a global pandemic that literally shut down the World, our Country, our State and our Community. Interestingly, it did not shut down our work or our Mission. Necessity was truly the 'Mother of Invention', and we embraced the challenges to evolve.

The needs didn't stop, in fact, they multiplied. The very obstacles to recovery; isolation, uncertainty, loss of options, fear, loneliness, depression and substance use definitely had momentum, looking to overtake our unprepared and often fragmented system. We rose to the occasion, collectively and soundly, at every level. The challenges were formidable, the territory was uncharted. Ingenuity and Great Minds; the ability to think through and think with despite seemingly dire odds prevailed – ultimately. It was ragged, sometimes piecemeal and unfinished, at times, uncertain in its viability. It was a frontier experience. A pioneering.

We need more of it. We need more Great Minds Energy. We need more out-of-the-box... more Hell or High-Water Solution Resolution, more 'we are up against it' – urgency. We know we possess the ability; we just witnessed it. The stakes are still just as high as they were in the beginning of the pandemic challenge – maybe higher – if we devolve back to complacency and status quo, if we stop pushing the boundaries of positive change and settle back in our 'not so bad'-ness. If we want places to live, places to work, water, food, health and safety we must engage and respect each other's Great Minds. Great Minds don't always think alike, doesn't mean they are not great. Our differences are our richness, our texture - engage 'other'. Choose bold and brave – not comfortable. The dragons are out there, and they could burn down the village if we don't out-think and out-smart them.

Think about it.



Kelly Gunning, Director of
Advocacy and Public Policy
NAMI Lex
"Our NAMI source
of Inspiration"

GREAT MINDS = GREAT PROGRAMS

NAMI Lexington Free Signature Programs

- NAMI Family to Family
- NAMI Family & Friends
- NAMI Connection
- NAMI In Our Own Voice
- NAMI Basics
- NAMI Ending the Silence
- NAMI Peer to Peer
- NAMI Sharing Hope

NAMI Lexington “Rogue” Programs

- Participation Station
- PS Warmline
- Fayette Mental Health Diversion Court
- KYSTARS (state-wide)
- Multi-cultural Action Committee
- ESH Peer Support Team

Great Minds...are Supportive

NAMI Lexington could not/would not function without our Peer Support Specialists and Consumers that provide life changing support to participants and each other every day of the year. While treatment is an integral component of Recovery, the addition of peer support is transformative. Never underestimate the power of shared experience and a kind or supportive word at the right time.



NAMI Lexington Peer Support Specialists celebrate on International Peer Support Specialist Appreciation Day at Participation Station.



NAMI Lexington Peer Programs

- Participation Station
- PS Warmline
- PS Open Link (virtual program)
- PS Peer System Navigators
- Eastern State Peer Support Program
- Fayette Mental Health Court
- IPS – Intentional Peer Support
- NAMI In Our Own Voice
- Adult Peer Support Specialist Training
- NAMI Connection & other Support Groups



Great Minds... Walking for the Cause!

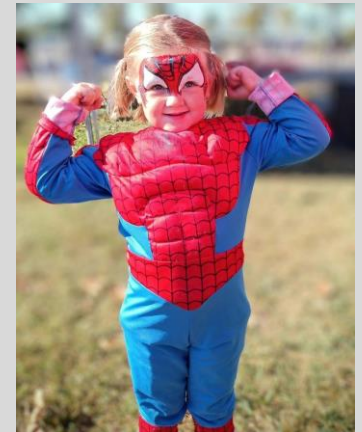
On October 8, 2022 we held our Annual NAMI Walks at Masterson Station Park. We were beyond thrilled to be able to have an “in-person” Walk this year. We are at **126%** of our \$50,000 fundraising goal. **\$62,828.00** Raised. This is the most we have raised since 2018 – ***sponsors and participants really stepped up this year.*** The pandemic highlighted the need for mental health services and support. Our Walkers answered that need by raising the most money to support our critical programs.

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Great Minds... Recover

Fayette County Mental Health Court

Our diversion court exists to divert people with symptoms of serious mental illness and co-occurring substance use disorders out of the criminal justice system and into the treatment services delivery system. The primary goals being to reduce the cycle of recidivism by engaging people in recovery and helping them become productive citizens.

Participation in Fayette County Mental Health Court is voluntary, operating as a diversionary model at the pre-adjudication phase of court. Charges and sentences are held in abeyance pending successful completion of the program. Referrals are made by the prosecution based on a recommendation from the defense attorney or others. By ensuring that legal representation is provided in court, a person's legal rights are maintained in a non-adversarial manner. Charges and sentences are held in abeyance until the successful completion of treatment at which time they are dismissed. If a person self terminates or is programmatically discharged for non-compliance, the initial charges are reopened, and the persons is brought back into the court process.



Fayette Co Mental Health Court
Graduation

Reunited, and it feels so good...



A Message from our Partners

"New Vista is proud to support NAMI Lexington and the life-changing programs the organization offers to the community. For decades, New Vista and NAMI Lexington have worked together to break the stigma around mental health and start a conversation about its impact on all of us. We were thrilled to return as the presenting sponsor of NAMIWalks Your Way Lexington 2022 and inspired by our employees who raised over \$5,000 for the cause. NAMI's mission is right in line with New Vista's, to help the people we serve feel heard and appreciated as we work toward their goals. Communities need a wide safety net to truly thrive. We're grateful to continue our longstanding relationship with NAMI Lexington as an important part of that safety net for Central Kentucky."

TO THE FUTURE...



Judge Tackett

Kelly Gunning

Mayor Gorton

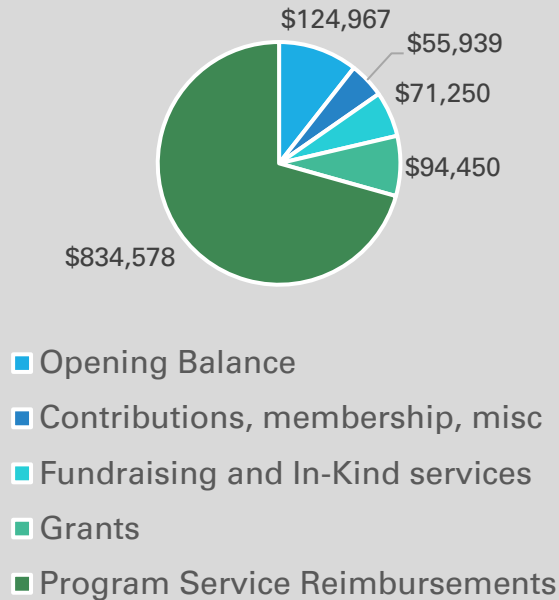
Dee Werline

Connie Milligan

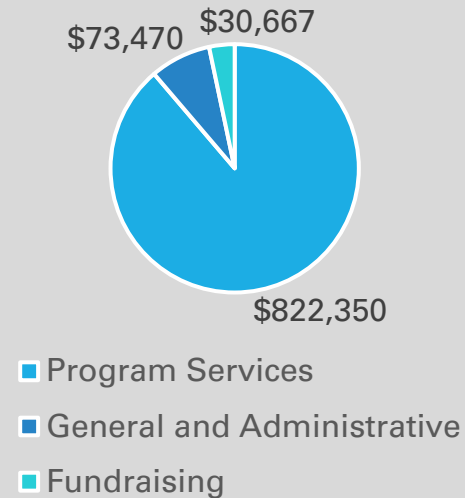
Mayor Gorton proclaims Oct 2-8, 2022 Mental Illness Awareness Week in Lexington

Financials

SUPPORT and REVENUE



EXPENSES



Donations In Memorium

- In Memory of Jessica Holcomb Adams
- In Honor of Shayne McDonaugh
- In Honor of Antoinio Perez
- In Memory of Eric Christopher Silver
- In Memory of Philip Rowe



National Alliance on Mental Illness

nami

Lexington

It's Important
to remember...

**All Minds are
Great Minds!**



**So, let's take care
of them!**