

Teen Depression From Where I Sit: Personal and Clinical Insights

FREE WEBINAR

Thursday, September 29, 7:00 - 8:15PM ET



Why is teen depression an important issue?

- At least half of all cases of depression begin by age 14
- 20% of young adults will have experienced depression during their teen years
- More than 85% of teens improve with appropriate treatment
- Untreated depression can lead to substance abuse, self-harm, and in some cases, suicide.



Join us for our live webcast at 7pm on Thursday, September 29th for a discussion with

Dr. Satira Streeter

an expert in
teen depression

Mayaah

a 15-year-old
who has struggled
with depression

Sherry,

Mayaah's mom

who has supported Mayaah
through her difficult times



You'll hear – and be able to ask questions – about how to

- recognize depression in teens
- talk to teens about depression
- get help for a struggling teen
- address challenges such as the refusal of help.

After the webinar, complete our online evaluation and we'll send you a **free set of Depression and Bipolar Wellness Guides for Parents and Teens**, in English or Spanish.

Dr. Satira S. Streeter is a Licensed Clinical Psychologist and the Founder and Executive Director of Ascensions Psychological and Community Services, Inc., in Washington, DC.

Mayaah is a 15-year-old from Texas who has struggled with depression and is currently managing well thanks to good treatment and a supportive family.

Sherry is Mayaah's mother. She, along with the rest of her family, has been an unwavering support throughout Mayaah's life.

Register at familyaware.org/trainings

Not available for the live webinar? Register today and watch it on demand, at your convenience.

Families for Depression Awareness is a national nonprofit organization empowering families to recognize, address, and cope with depression and bipolar disorder to get people well and prevent suicides.

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