

Mental health recovery is an ongoing process, not a single outcome. Each person's recovery experience is unique. By making a personalized, inclusive plan for managing a mental health condition, a person has the best chance of living a meaningful life.

# MAKING DECISIONS TOGETHER

**A Free Educational Program to Support  
Your Mental Health Treatment and Recovery**



Empower you to be an **active partner** in treatment and recovery decisions.



Motivate you to **participate** in your recovery journey.



Encourage you to **communicate** with your treatment team.

**Date:** Thursday, August 03, 2017

**Program Time:** 6:30 PM to 8:00 PM  
Snacks will be provided by NAMI Lexington.

**Speaker:** Leland (Lee) Stephan, MA, LCSW  
Stephan Consulting Group, Inc.

**Location:** Eastern State Hospital  
1350 Bull Lea Road  
1st Floor Community Room  
Lexington, KY 40511

For free registration, call Julie at (859) 272-7891 or email at [julie@namilex.org](mailto:julie@namilex.org).

Sponsored by: NAMI Lexington and Janssen Pharmaceuticals

This program is intended to provide general information on mental health recovery. It is not consultation. Attendees are advised to speak with their doctor regarding diagnosis and treatment. This program is not continuing medical education.

The program content is developed by Janssen Pharmaceuticals, Inc. Speakers have been compensated to present on behalf of the company and are required to present information in compliance with FDA requirements for communications about its medicines.

**For Healthcare Professionals:**

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