



Lexington

namilex.org

NAMI Lexington eNews

January 14, 2014



Mental Health First Aid Training will be offered on:

Friday, January 17, 2014

9 a.m. to 5 p.m.

Participation Station

869 Sparta Court

Lexington, KY 40504

Cost: Warmline Volunteers - Free!

General Public \$25.00

Please RSVP to David Riggsby at david@kystars.org

To learn more about Mental Health First Aid Training please visit

KYSTARS website at

<http://kystars.org/programs.html>



**Now Enrolling for the Next
Family-to-Family Class!!**

Quick Links

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Health Laws in](#)

Class begins Wednesday, January 15, 2014
The class meets every Wednesday
for 11 consecutive weeks.
All class material is free!

[For More Information Click Here!](#)

or Call (859) 272-7891

[Click Here to Enroll Online Today!](#)

**Volunteer Orientation
&
Suicide Prevention - QPR Training**

Date: Tuesday, January 21, 2014
Wednesday, February 12, 2014
Time: 3:00 p.m. - 4:30 p.m.
Location: Participation Station
869 Sparta Court
Lexington, KY 40504

If you plan to attend you must RSVP to
Julie at Julie@namilex.org or call us at (859) 272-7891.

[Volunteer Information and Application](#)

**GoodGiving
Guide Challenge** 2013

**Thank you for supporting
NAMI Lexington in the
GoodGiving Guide Challenge!
We raised \$4,700.00
with 48 Donors!**

**ADDITIONAL FAMILY SUPPORT GROUP TO
BEGIN IN PARIS KENTUCKY**

KY

Follow us on **twitter**



Join Our Mailing List!

Where: Bourbon Community Hospital: Group will meet in the Community Room in the Hopewell Medical Complex (lower level) Building is located to the right of the hospital within the hospital grounds

Address: 9 Linville Drive, Paris, Kentucky

Start date: January 28th

Time: 6 pm on Tuesday Will continue to meet on 4th Tuesday of every month

Contact Person: Cheryl Anness at 859-967-7374



We want YOUR feedback on NAMIWalks Lexington!

What did you like?

What didn't work so well?

[NAMIWalks 2013 SURVEY](#)

Completing the survey and providing your contact information will enter you in a contest for some fantastic NAMI jewelry.

You can remain anonymous though,
we just want to hear from YOU!

Contest Ends January 15th!



Become A Volunteer!

Anyone interested in volunteering must complete and submit a [Volunteer Interest Form](#). This ensures that we have enough training materials for all participants. Interested individuals can be directed to Julie at julie@namilex.org, call the NAMI office at 859-272-7891, or speak with Sarah at Participation

Station.

PEER VOLUNTEERS NEEDED FOR OUR WARMLINE.

Contact Julie if you're interested in becoming a trained Warmline Volunteer.
email: Julie@namilex.org or call (859) 272-7891

Free Support Groups!

NAMI Introduction - Provides an overview of NAMI Lexington Programs, basic information about mental illness & support opportunities

Walk-ins Welcome!

Dates: Every Friday

Location: 869 Sparta Court, Lexington, KY 40504

Time: 3:00 p.m. - 4:00 p.m.

For more information about Participation Station's Free Support Groups call NAMI Lexington at 859-272-7891 or you can click the Support Groups Information below.

[Click Here for the Participation Station Track Schedule!](#)

No Stigma. Know More. Know NAMI.



**Click Here for:
Support Groups Information**

No Stigma. Know More. Know NAMI.

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