



Lexington

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NAMI Lexington eNews

April 25, 2014

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NAMI Lexington News

Advocacy Update by Kelly Gunning
[Click Here](#)

May is Mental Health Awareness Month
[Click Here](#) to learn more

Volunteer Positions Available at Eastern State Hospital
[Click Here](#) to find out more

NAMIWalks - "Why I Walk" Video Contest
[Click Here](#) to find out more

Congratulations NAMI Lexington Family-to-Family Graduates!
[Click Here](#) for the Photo of the LARGEST Family-to-Family Graduating Class in NAMI Lexington History!

Integrated Health
Diabetes Care for Clients in Behavioral Health Treatment
[Read More](#)

Help NAMI Lexington

[Donate Online](#)

[Become a Member](#)

Or mail your payments to:

NAMI Lexington
498 Georgetown St. Ste. 201
Lexington, KY 40508

Free Support Groups

NAMI Lexington offers FREE Support Groups to people who suffer with a Mental Illness and Family Members who live with someone with a Mental Illness.
[Click Here](#) for details

Upcoming Events!

Free Family Support

April 26, 2014 from 8am-5pm Mental Health First Aid Class

[Click Here](#) to learn more and register for this class today!

May 4th NAMI Winchester/Clark Co. Presents Rebekah Cotton

Author of "Mentally Ill Persons Subject to the Criminal Justice System" [Click Here for more](#)

Friday, May 23rd - The 2014 Kentucky Consumer Conference

[Click Here for More](#) Would you or someone you know would like to showcase a booth at our conference? [Click Here](#)

If you would like to learn more about becoming a Sponsor [Click Here](#)

Register for the next **Family-to-Family Class** starting June 4th

[Click Here to Enroll Online](#)

Shop at AmazonSmile and Amazon will donate a percentage of your purchase to NAMI Lexington - [Click Here to Get Started](#)

Volunteer Corner

Click the links for the newest information to Volunteer!

[New Dates for Volunteer Orientation and QPR Training](#)

[New NAMI Lexington Volunteer Opportunities](#)

[Need Volunteers for Visitation Assistance at Eastern State](#)

[Volunteers Needed for Information Booth at the Woodland Art Festival August 16-17, 2014](#)

Participation Station

Participation Station is a Peer Run, Peer Support Center

that is run by consumers, for consumers. It has lots of educational tracks, opportunities to participate in many activities and a place to socialize when other services are unavailable. It is open to the public and is free of charge. [Click Here for PS Schedule](#)

Get on the Track of Recovery!

Participation Station is located at 869 Sparta Court, Lexington, KY

Hours - Mon-Fri 10:00am - 4:00pm Phone - 859-309-2856

[Click Here for Participation Station Website](#)

Important Announcement

Effective April 17th NAMI Introductions will begin meeting on Thursday's at 3:30pm at Eastern State Hospital in the NAMI Classroom.

NAMI Introductions: An overview of NAMI services and programs, general information on mental illness, and opportunity for support and questions. Program is for family members and individuals managing symptoms.

Groups

Family Support Group offers support to family members, caregivers and loved ones of individuals with mental illness. For more information click on the links provided for your area:

Paris, KY [Click Here](#)

Versailles, KY [Click Here](#)

Lexington, KY [Click Here](#)

Are you struggling with Mental Health and Substance Abuse issues?

Now you can talk with a trained, caring and supportive individuals who will not judge you. You can call the [Warm Line at \(877\) 840-5167](#)

Contact Us

NAMI Lexington
859-272-7891
www.namilex.org

Participation Station
859-309-2856
www.psapoc.org

KYSTARS

KYSTARS is a state-wide group consisting of consumers, professionals, administrators and family members working together to promote the reality of recovery throughout KY. We are dedicated to assisting people with incorporating recovery based principles into all facets of our

From NAMI National

NAMI Names Mary Giliberti as New Executive Director

The National Alliance on Mental Illness ([NAMI](#)) is pleased to announce the appointment of Mary Giliberti as the new Executive Director of the national organization. [Read More](#)

Take a Stand with Halle Berry and NAMI

[Watch](#) a short clip of Halle Berry and her stand on Mental Illness, promoting the new movie Frankie & Alice [Click Here](#)

behavioral healthcare system.

[Learn More about
KYSTARS](#)

Double Trouble in Recovery (DTR)

is a twelve-step program designed to meet the needs of people with dual-diagnosis for those having substance use/abuse problems as well as having been diagnosed with a mental illness.

[DTR State-wide Schedule](#)



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