

Randy Stafford recently received a Bachelor of Arts in Social Work from the University of Kentucky. During his final semester of study, Randy worked with the Fayette County Mental Health Court team, quickly coming to the realization that this program was a good fit for someone with his skills and abilities.

Randy has six years of prior experience working primarily with the dually diagnosed (substance use disorder coupled with mental illness), which was an obvious asset to the program from the onset. He quickly incorporated his skill set in the service delivery model for participants in the program, helping them both maintain momentum in their recovery journeys and incorporate some of his knowledge into their developing behavioral health coping skills. He also led group work with the participants in Wellness Recovery Action Planning (WRAP) and Double Trouble in Recovery (DTR).

Randy hopes that Fayette County Mental Health Court will continue to expand, especially in the service of those with dual diagnoses. Given the expanding rate of incidence of both mental illness and substance use disorder, Randy considers innovative programming such as this to be the next wave of service delivery to this doubly affected population.