

To send fundraising and team-recruitment emails directly from the NAMIWalks website, follow the directions below.

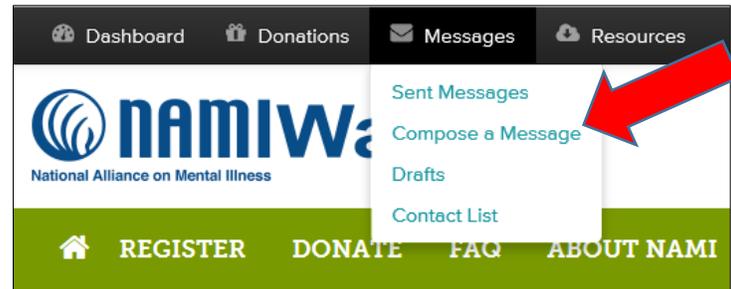
Login

Go to <http://www.namiwalks.org/> and click the LOGIN button at the top of your screen. Log in with your username and password.



Step 1:

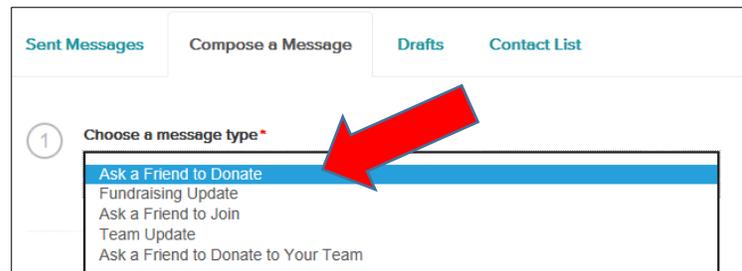
When you are logged in, hover above the **Messages** link at the top of the page and select “Compose a Message” from the drop-down list.



Step 2:

First you will choose your message type:

- Ask a Friend to Donate
- Fundraising Update
- Ask a Friend to Join
- Team Update
- Ask a Friend to Donate to your Team

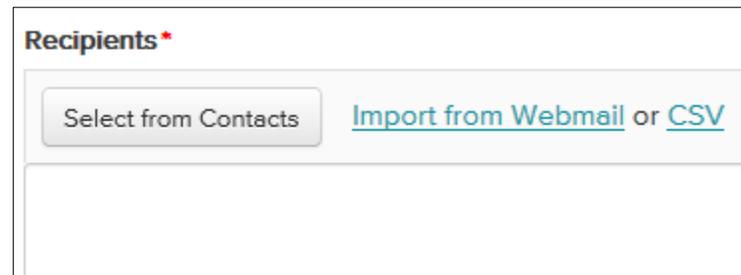


These provide templates for your emails. You may use them as they are written, revise them to personalize, or delete the text and write your message from scratch.

Step 3:

In the next step, there are three ways to choose your email recipients.

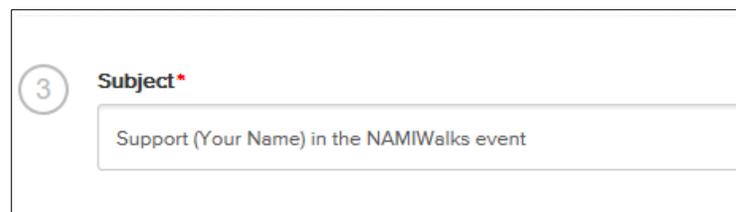
- You can “Select from Contacts” already captured in the NAMIWalks website from a previous year.
- You can import contacts from your email or a spreadsheet (CSV).
- You can type the email addresses into the white box.



Step 4:

Now you can review the email subject line and edit it, if you choose.

(continued)



Step 5:

Now you can review, revise and personalize the email message.

4 **Message ***

Styles ▾ **U** **B** *I* ☰ ☰ 🖼️ 📎 🗨️

I want to personally invite you to join me in supporting NAMIWalks- the largest and most successful mental health fundraising and awareness event in the United States! Through NAMIWalks' public, active display of support for people affected by mental illness, we are changing how Americans view persons with a mental illness and ensuring that help and hope are available for those in need.

This is an excellent opportunity to support NAMI (the National Alliance on Mental Illness). Every dollar raised helps NAMI provide more services for people living with mental health challenges.

Please join me by making a charitable donation.

Thank you!

When ready, you can send a test message to yourself, save it as a draft, or send the message.

SEND MESSAGE [Save Draft](#) [Send Test Message to Myself](#)

Note: The email will appear as if you sent an individual message to each recipient.

For assistance, contact your Local Walk Manager.