

If you would like to connect your NAMIWalks page to your social media accounts or subscribe to text message alerts or email lists, follow the instructions below.

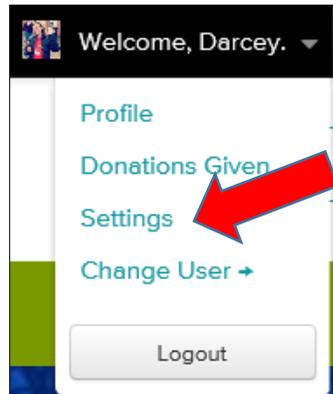
## Login

Go to the [NAMIWalks website](#) and click the LOGIN button at the top of your screen. Log in with your username and password.



## Go to Settings:

Once you are logged in, click on the Welcome tab at the top. Select **Settings** from the drop-down list.

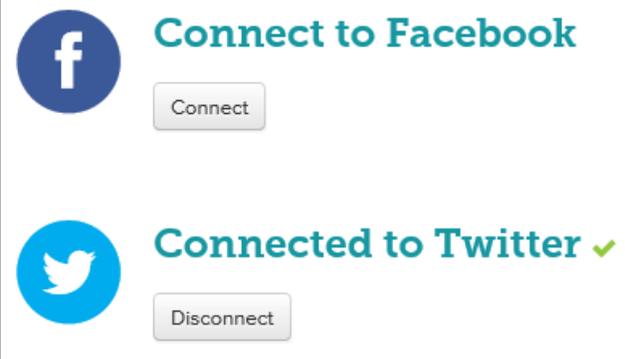


## Connect with Social Media

This will take you to a page where you can connect Your NAMIWalks account to your Facebook and Twitter accounts. Simply click **Connect** next to the social media of your choice (or both). You may choose to disconnect here at any time.

When connected, NAMIWalks will post to your Facebook or Twitter page whenever you make or receive a donation. This will encourage additional fundraising!

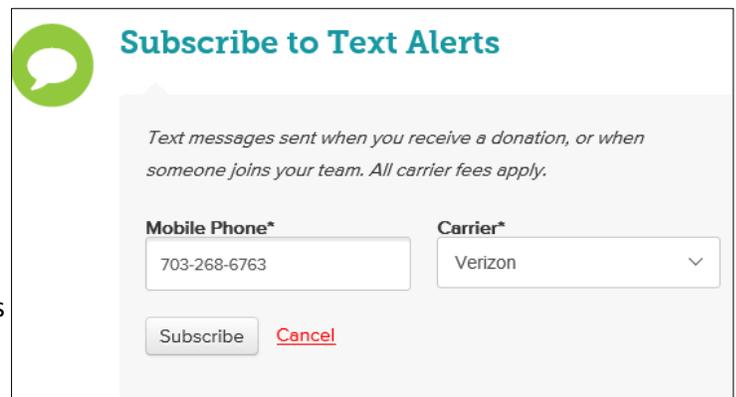
## Connect with Social Networks



## Subscribe to Text Alerts

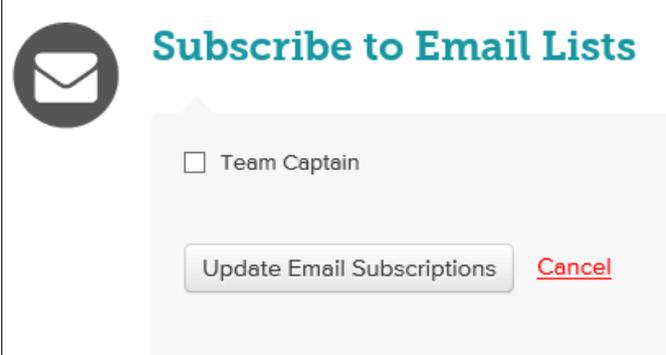
To receive text alerts, click **Subscribe** next to the Text Alerts option. Then confirm or change the mobile phone number and carrier provided. Finally, click the **Subscribe** button.

You will receive text messages whenever you receive a donation or (for Team Captains) when someone joins your team.



## Subscribe to Email Lists

If available for your NAMIWalks evnet, you can also Subscribe to email lists on this page. Just click the list you would like to receive emails from, such as Team Captain. Then click **Update Email Subscriptions** button. You may also unsubscribe here at any time.



**Subscribe to Email Lists**

Team Captain

Update Email Subscriptions [Cancel](#)

If you need assistance, contact your Local Walk Manager.